### CONSENT FORM LEAFLET FOR VACCINATION OF A CHILD FOR PARENT/GUARDIAN

# Dear parent,

### Please familiarise yourself with the information below and fill in the CONSENT FORM located on page 2.

### What is COVID-19? What are the symptoms of COVID-19?

Coronavirus is the cause of COVID-19. The coronavirus is an infection that spreads through droplets (coughing and sneezing) and direct contact in most instances. It is also possible for the virus to spread through contaminated surfaces.

COVID-19 symptoms and progression of the disease may vary. The disease can be asymptomatic or present light or severe symptoms; however, the worst case scenario is death.

The primary symptoms are as follows: headache, cough, fever, breathing problems, sore throat, common cold, muscle aches, loss of taste and sense of smell, fatigue and a feeling of weakness. More information regarding symptoms is available on the Health Board's webpage<sup>1</sup>. Contact your school's healthcare provider conducting the vaccination for more specific details regarding possible symptoms.

#### Vaccination

Vaccination is a health service available for everyone from the age of 12. More information about getting vaccinated is available on the vaktsineeri.ee webpage.

A school's healthcare provider will arrange vaccinations in a school environment. A minor receives the vaccination only if the parent/guardian gives their consent.

The vaccines used on students will be the <u>Comirnaty</u> (Pfizer/BioNTech)<sup>2</sup> or <u>SpikeVax</u> (Vaccine Moderna)<sup>3</sup> vaccines. Additional information about the Comirnaty (Pfizer/BioNTech) vaccine is available on the vaktsineeri.ee webpage. Additionally, information about the SpikeVax (Vaccine Moderna) vaccine can be found on the vaktsineeri.ee webpage. The healthcare professional conducting vaccinations will provide information regarding a specific vaccine. The child will be guaranteed a thorough consultation and a vaccine package leaflet during the vaccination process.

The child will receive one shot if they have had the coronavirus (in the last six months or after recovering from it). The child will receive two shots if they have not had the coronavirus. The interval between the two shots depends on the particular vaccine: six weeks for the Comirnaty (Pfizer/BioNTech) vaccine and 28 days for the SpikeVax (Vaccine Moderna) vaccine.

Your child must spend at least 15 minutes at the vaccination site after getting vaccinated under the supervision of the school's healthcare professional. The school's healthcare professional will give the child the date of their second shot after registering their first one.

Various side effects may arise after getting vaccinated. The most typical side effects from COVID-19 vaccines are the following: soreness and swelling at injection site, headache, fever, general discomfort, fatigue, nausea, vomiting, swollen lymph nodes, muscle soreness, joint pain, diarrhoea. The symptoms generally pass after a couple of days.

In rare cases after getting vaccinated, some instances of myocarditis and pericarditis may occur; the symptoms are breathing difficulties, tachycardia (rapid heartbeat), abnormal heart rhythm and chest pain. Promptly consult a doctor if any of these symptoms occur.

More information regarding side effects is available on the Health Board's webpage<sup>4</sup> and is also provided by the school's healthcare provider carrying out vaccinations.

The child should notify the school's healthcare provider of all side effects that occur after getting vaccinated. The school's healthcare provider will forward a notice of side effects to the State Agency of Medicines. The parent can also notify the State Agency of Medicines about any side effects using the following form<sup>5</sup>. When side effects occur, you can also consult your family physician or call the family physician advice line by phone on 1220.

#### Withdrawal of consent

You have the right to revoke your consent by submitting a written application of withdrawal to whoever asked for consent (the school or the healthcare provider).

<sup>&</sup>lt;sup>1</sup><u>https://www.terviseamet.ee/et/uuskoroonaviirus.</u>

<sup>&</sup>lt;sup>2</sup> <u>https://vaktsineeri.ee/covid-19/covid-19-vaktsiinid/pfizer-biontech/</u>.

<sup>&</sup>lt;sup>3</sup> <u>https://vaktsineeri.ee/covid-19/covid-19-vaktsiinid/moderna/.</u>

<sup>&</sup>lt;sup>4</sup> <u>https://vaktsineeri.ee/covid-19/covid-19-vaktsiinid/moderna/#t-covid-19-vaccine-moderna-voimalikud-korvaltoimed</u> and <u>https://vaktsineeri.ee/covid-19/covid-19-vaktsiinid/pfizer-biontech/#t-comirnaty-voimalikud-korvaltoimed</u>.

<sup>&</sup>lt;sup>5</sup> https://www.ravimiamet.ee/covid-19-vaktsiini-k%C3%B5rvaltoimest-teatamine.

## CONSENT FORM LEAFLET FOR VACCINATION OF A CHILD AGAINST COVID-19 FOR PARENT/ GUARDIAN<sup>6</sup>

*Please refer to the information on page 1 before filling in the consent form.* 

## FILLED IN BY HEALTHCARE PROVIDER OF THE SCHOOL

The healthcare provider of the school(name, phone number and e-mail address):

will conduct the vaccination against COVID-19 (date and location):

Vaccine used in vaccination (used vaccines marked): Comirnaty (Pfizer/BioNTech) SpikeVax (Vaccine Moderna)

## **FILLED IN BY PARENT/GUARDIAN**

## I give my consent

first name and surname of child, provided by parent/guardian:

Estonian identification (ID) code of child:

for COVID-19 vaccination.

If the healthcare provider has noted that two different vaccines will be used on the vaccination day, I would like my child to be vaccinated with the following vaccine (please choose one):

Comirnaty (Pfizer/BioNTech) SpikeVax (Vaccine Moderna)

Date: \_

First name and surname of parent/guardian:

Signature of parent/guardian:

(signed digitally or on paper)

<sup>6</sup> Legal basis of asking for consent and processing data: subsection 2 (4) of Order No. 54 of the Minister of Social Affairs of 13 August 2010 "Activities of the school nurse providing health care and requirements for the time, capacity, availability and location of the nurse's activities" and subsection 766 (3) and subsection 769 of the Law of Obligations Act.